Meal Prices 2023-24 Full Price Student - \$2.75 Reduced Student - FREE Adult Lunch - \$4.80 Ala Carte Milk - \$0.70

## **CV Elementary**

Prepared by CVSD (717) 556-0025 MENU SUBJECT TO CHANGE Please make checks payable to C.V.S.D.

## October Lunch Menu 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Nugget / WG Roll Boxed Salad- Grilled Chicken Buckskin Bag #2  Smile Potatoes Fresh Broccoli/ Fresh Veggie Bar Fresh Fruit/ Mixed Fruit	3 French Toast Sticks / Breakfast Ham Boxed Salad- Grilled Chicken Buckskin Bag #2 Hash Browns/ 100% Fruit Juice Grape Tomatoes/ Fresh Veggie Bar Fresh Fruit/ Peaches	4 Chicken and Cheese Quesadilla w/ WG Churro Boxed Salad- Grilled Chicken Buckskin Bag #2 Refried Beans Celery Sticks / Fresh Veggie Bar Fresh Fruit/ Pineapple Tidbits	5 Early Dismissal Pepperoni and Cheese "Hot Pocket" PBJ Uncrustable Baby Carrots Applesauce	6 NO SCHOOL
9 NO SCHOOL	10 Chicken Strips w/ Belgian Waffle Syrup Cup Boxed Salad- Turkey Buckskin Bag #3 Steamed Mixed Vegetables Celery Sticks/ Fresh Veggie Bar Fresh Fruit/ Peaches	11 Pretzel Bun with Cheese Boxed Salad- Turkey Buckskin Bag #3  Tomato Soup/ Goldfish Crackers Baby Carrots/ Fresh Veggie Bar Fresh Fruit/ Pears	12 Pasta w/ Meat sauce / WG Garlic Knot Boxed Salad- Turkey Buckskin Bag #3  Steamed Green Beans Tossed Salad Greens/ Fresh Veggie Bar Fresh Fruit/ Pineapple Tidbits	13 Cheese Pizza Slice Boxed Salad- Turkey Buckskin Bag #3  Baked Beans Cucumber Coins/ Fresh Veggie Bar Fresh Fruit/ Applesauce/ Frozen Fruit Rush
16 Breaded Chicken Patty on WG Roll W/ French Fries Boxed Salad- Grilled Chicken Buckskin Bag #1 Steamed Mixed Vegetables Baby Carrots/ Fresh Veggie Bar Fresh Fruit/ Pears	17 Hot Dog w/ Mac and Cheese Boxed Salad-Grilled Chicken Buckskin Bag #1 Steamed Broccoli Grape Tomatoes/ Fresh Veggie Bar Fresh Fruit/ Mandarin Oranges	18 Popcorn Chicken Bowls w/ WG Rolls Boxed Salad-Grilled Chicken Buckskin Bag #1 Steamed Corn Cucumber Coins/Fresh Veggie Bar Fresh Fruit/ Peaches	19 Bacon Cheeseburger WG Roll Boxed Salad- Grilled Chicken Buckskin Bag #1  Baked Beans Celery Sticks / Fresh Veggie Bar Fresh Fruit/ Gel Fruit Bowls	20 French Bread Pizza Boxed Salad- Grilled Chicken Buckskin Bag #1  Glazed Carrots Tossed Salad Greens/ Fresh Veggie Bar Fresh Fruit / Pineapple
23 Cheese Crunchers with sauce WG Sunchips Boxed Salad- Ham Turkey & Cheese on WG Roll Baked Beans Celery Sticks/ Fresh Veggie Bar Fresh Fruit/ Pears	24 Turkey and Gravy w/ Mashed Potatoes w/ WG Dinner Roll Boxed Salad- Ham Turkey & Cheese on WG Roll Steamed Peas Grape Tomatoes/ Fresh Veggie Bar Fresh Fruit/ Peaches	25 Walking Taco w/ Fixins Boxed Salad- Ham Turkey & Cheese on WG Roll Steamed Corn Fresh Broccoli/ Fresh Veggie Bar Fresh Fruit/ Mandarin Oranges	26 Mini French Toast w/ Sausage Links Boxed Salad- Ham Turkey & Cheese on WG Roll Hash Brown / 100% Fruit Juice Cucumber Coins/ Fresh Veggie Bar Fresh Fruit/ Pineapples	27 Early Dismissal 4 Cheese Pizza PBJ Uncrustable  Baby Carrots Applesauce
30 Chicken Nugget / WG Roll Boxed Salad- Grilled Chicken Buckskin Bag #2 Smile Potatoes Fresh Broccoli/ Fresh Veggie Bar Fresh Fruit/ Mixed Fruit	31 HAPPY HALLOWEEN Pepperoni and Cheese "Hot Pocket" Boxed Salad- Grilled Chicken Buckskin Bag #2  Steamed Broccoli Celery Sticks/ Fresh Veggie Bar Fresh Fruit/ Pears/ Fruit Snacks		Buckskin Bag #1 – Mini Pretzels, Colby Cheese Stick, Peanut butter Cup, WG Graham Snack Buckskin Bag #2 – Mini Yogurt, WG Cho Chip Muffin, Sunflower Seeds, WG Goldfish Crackers Buckskin Bag #3-BBQ Turkey Stick, String Cheese, Banana Bread Loaf, WG Chex Mix	Daily Fresh Fruit May Contain: Apples, Bananas, Oranges, Grapes, Pears, Dried Fruits, and Seasonal Produce Daily Fresh Veggie Bar May Contain: Grape Tomatoes, Bell Peppers, Mini-Salads, Celery Sticks, Cucumbers, Broccoli and Cauliflower, Carrots

Lunch Menu Selection choice includes the following: Hot Entrée Includes Meat, W. Grain, Vegs., Fruit Cold Sandwich / PBJ includes, Meat / Meat Alt. W. Grain, Vegs., Fruit Buckskin Bag Includes, Meat / Meat Alt., W. Grain, Vegs., Fruit PBJ Served Daily Fat Free Milk Served Daily